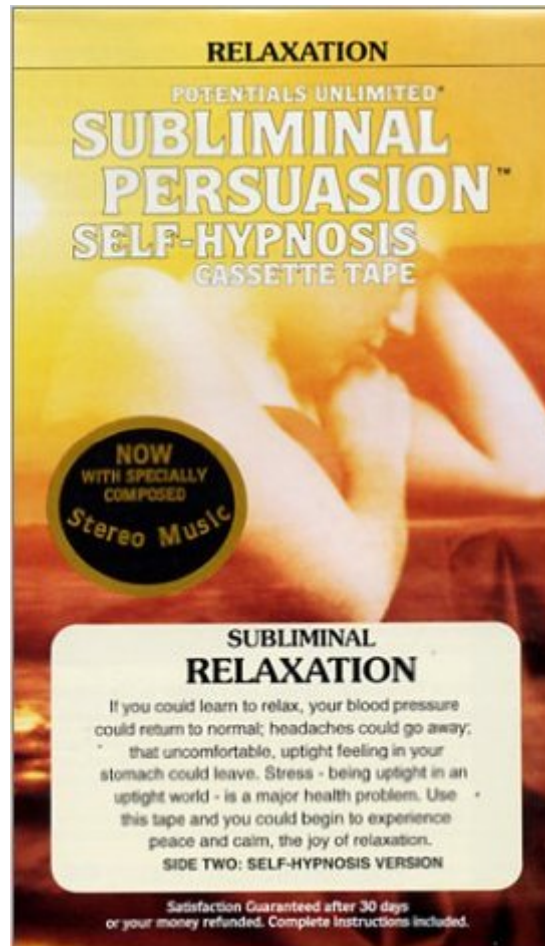


The book was found

# Relaxation: Subliminal Persuasion/Self-Hypnosis



## Synopsis

Excellent 2 cassette set that utilizes music, subliminal persuasion and self-hypnosis to effectively train your subconscious to learn the material.

## Book Information

Audio Cassette

Publisher: Potentials Unlimited Audio (November 1985)

Language: English

ISBN-10: 0870823574

ISBN-13: 978-0870823572

Product Dimensions: 0.8 x 4.2 x 7.2 inches

Shipping Weight: 11.2 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (1 customer review)

Best Sellers Rank: #9,290,082 in Books (See Top 100 in Books) #87 in [Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets](#) #3202 in [Books > Self-Help > Hypnosis](#) #11436 in [Books > Self-Help > Stress Management](#)

## Customer Reviews

I first purchased this audio cassette in 1985 and found it to be the best investment I could have made. I have misplaced that first tape and am so pleased to have found it again. I used the night version mostly as my corporate position was very stressful. I highly recommend this fabulous audio cassette.

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